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## Appendix A. Model fitting results for Autism and ADHD by 8 years old

The efigures present the Cox regression results when restricting Autism and ADHD diagnosis by age 8 . The figures present the association between paternal age at childbearing (PAC) and each outcome for the (a) baseline, (b) adjusted, (c) sibling-comparison, (d) cousin-comparison, and (e) first-born cousin-comparison models. The results of the ordinal models are presented with the point estimates and $95 \%$ confidence intervals as hash tags.
eFigure A.1. The figure presents the model fitting results when predicting Autism by the age of 8 .

eFigure A.2. The figure presents the model fitting results when predicting ADHD by the age of 8 .


## Appendix B. Results for models controlling for paternal age at first childbearing while estimating associations with focal age at childbearing for all later-born offspring.

We fitted baseline and adjusted models for second born or later offspring only. In this analysis, the adjusted model controlled for paternal age at first childbearing. The sample for this analysis included $\mathrm{n}=1,206,412$ offspring (46.13\% of the original 1973-2001 cohort) born to 897,340 fathers.

The efigures present the association between paternal age at childbearing and psychiatric and academic morbidity in the subsample of second- or later-born children. The baseline model (in blue) presents the association in this subsample of the population, which replicates the findings from the complete sample. The adjusted model included a quantitative covariate for paternal age at first childbearing. The results are consistent with the fixed effects model results for each of the outcomes, although the associations between advancing PAC and Autism and ADHD are not as large as the estimates from the main analyses. The results, however, provide converging evidence that advancing paternal age is associated with increased risk of psychiatric and academic morbidity when accounting for factors associated with a father's age at first childbearing.



## Appendix C. Results for models predicting continuous indices of offspring grades and IQ (in males)

The results in eTable C. 1 provide the point estimates (in standard deviation units) of the association between PAC and offspring IQ (in males) and grades (in both males and females). The results illustrate that the advancing PAC is associated with higher IQ and grades in the population (the baseline model). For IQ, the estimates are attenuated in the adjusted model, and the association is largely attenuated in the fixed effects models that compare differentially exposed siblings.
eTable C.1. Point estimates for continuous indices of offspring grades and IQ

| Outcome | Paternal Age (yrs) | Baseline Model |  |  |  | Adjusted Model |  |  |  | Fixed Effects Model |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | b | SE | t Value | $\operatorname{Pr}>\|t\|$ | b | SE | t Value | $\operatorname{Pr}>\|t\|$ | b | SE | t Value | $\operatorname{Pr}>\|t\|$ |
| IQ (z) |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | <20 | -0.255 | 0.013 | -19.15 | <. 0001 | -0.056 | 0.013 | -4.40 | <. 0001 | -0.072 | 0.026 | -2.81 | 0.005 |
|  | 20-40 (reference) | - | - | - | - | - | - | - | - | - | - | - | - |
|  | 25-29 | 0.261 | 0.004 | 66.85 | <. 0001 | 0.063 | 0.004 | 15.86 | <. 0001 | 0.006 | 0.008 | 0.71 | 0.476 |
|  | 30-34 | 0.390 | 0.004 | 94.39 | <. 0001 | 0.071 | 0.005 | 15.52 | <. 0001 | 0.008 | 0.011 | 0.74 | 0.458 |
|  | 35-39 | 0.433 | 0.005 | 87.64 | <. 0001 | 0.078 | 0.005 | 14.16 | <. 0001 | 0.013 | 0.015 | 0.89 | 0.372 |
|  | 40-44 | 0.404 | 0.007 | 58.00 | <. 0001 | 0.074 | 0.007 | 10.00 | <. 0001 | 0.013 | 0.021 | 0.64 | 0.519 |
|  | $45+$ | 0.378 | 0.010 | 38.45 | <. 0001 | 0.093 | 0.010 | 9.23 | <. 0001 | 0.015 | 0.034 | 0.44 | 0.662 |
| Grades (z) |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | $<20$ | -0.395 | 0.008 | -51.29 | <. 0001 | -0.134 | 0.007 | -18.34 | <. 0001 | -0.090 | 0.009 | -9.49 | <. 0001 |
|  | 20-40 (reference) | - | - | - | - | - | - | - | - | - | - | - | - |
|  | 25-29 | 0.324 | 0.002 | 143.39 | <. 0001 | 0.096 | 0.002 | 42.33 | <. 0001 | 0.045 | 0.003 | 14.97 | <. 0001 |
|  | 30-34 | 0.494 | 0.002 | 207.72 | <. 0001 | 0.121 | 0.003 | 47.18 | <. 0001 | 0.092 | 0.004 | 22.29 | <. 0001 |
|  | 35-39 | 0.545 | 0.003 | 195.16 | <. 0001 | 0.116 | 0.003 | 37.92 | <. 0001 | 0.134 | 0.005 | 24.87 | <. 0001 |
|  | 40-44 | 0.514 | 0.004 | 134.29 | <. 0001 | 0.088 | 0.004 | 21.75 | <. 0001 | 0.160 | 0.007 | 21.85 | <. 0001 |
|  | $45+$ | 0.433 | 0.005 | 80.25 | <. 0001 | 0.043 | 0.005 | 7.81 | <. 0001 | 0.178 | 0.011 | 15.50 | <. 0001 |

Note. $\mathrm{b}=$ the unstandardized parameter estimate (in standard deviations).

## Appendix D. Comparison of population estimates for offspring with siblings to offspring without siblings

The efigures present the association between paternal age at child-bearing and each outcome for $\mathrm{n}=2,156,013$ ( $82.4 \%$ ) offspring in the cohort with one or more siblings (blue) and $n=459,068(17.6 \%)$ offspring with no siblings (green). Separate models were run to generate the point estimates for each sub-sample. The hash tag symbols represent 95\% Wald confidence intervals.





## Appendix E. Parameter estimates for maternal age at childbearing in the adjusted model

|  | Parameter | B | SE(B) | ChiSq | Pr> ChiSq | Point Estimate | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  | Lower | Upper |
| Psychiatric Morbidity |  |  |  |  |  |  |  |  |
| Autism (1992-2001) | <20 | -0.337 | 0.177 | 3.611 | 0.057 | 0.714 | 0.505 | 1.011 |
|  | 20-24 (ref) | 0.000 | - | - | - | 1.000 | - | - |
|  | 25-29 | 0.015 | 0.069 | 0.047 | 0.828 | 1.015 | 0.887 | 1.162 |
|  | 30-34 | 0.117 | 0.077 | 2.312 | 0.128 | 1.124 | 0.967 | 1.307 |
|  | 35-39 | 0.329 | 0.091 | 13.018 | 0.000 | 1.390 | 1.162 | 1.662 |
|  | 40-44 | 0.560 | 0.135 | 17.281 | <. 0001 | 1.751 | 1.344 | 2.279 |
|  | 45+ | 0.964 | 0.419 | 5.291 | 0.021 | 2.623 | 1.153 | 5.965 |
| ADHD Diagnosis (1992-2001) | <20 | -0.112 | 0.111 | 1.020 | 0.312 | 0.894 | 0.720 | 1.111 |
|  | 20-24 (ref) | 0.000 | - | - | - | 1.000 | - | - |
|  | 25-29 | -0.051 | 0.058 | 0.774 | 0.379 | 0.951 | 0.849 | 1.064 |
|  | 30-34 | -0.073 | 0.069 | 1.139 | 0.286 | 0.929 | 0.812 | 1.063 |
|  | 35-39 | -0.004 | 0.087 | 0.003 | 0.960 | 0.996 | 0.840 | 1.180 |
|  | 40-44 | 0.004 | 0.146 | 0.001 | 0.980 | 1.004 | 0.754 | 1.337 |
|  | 45+ | 0.343 | 0.509 | 0.455 | 0.500 | 1.409 | 0.520 | 3.820 |
| Psychosis (1973-1997) | <20 | 0.095 | 0.043 | 4.836 | 0.028 | 1.100 | 1.010 | 1.197 |
|  | 20-24 (ref) | 0.000 | - | - | - | 1.000 | - | - |
|  | 25-29 | -0.071 | 0.027 | 6.962 | 0.008 | 0.932 | 0.884 | 0.982 |
|  | 30-34 | 0.002 | 0.034 | 0.003 | 0.959 | 1.002 | 0.938 | 1.070 |
|  | 35-39 | 0.057 | 0.046 | 1.545 | 0.214 | 1.058 | 0.968 | 1.158 |
|  | 40-44 | 0.157 | 0.080 | 3.858 | 0.050 | 1.170 | 1.000 | 1.367 |
|  | 45+ | 0.030 | 0.357 | 0.007 | 0.934 | 1.030 | 0.511 | 2.075 |
| Bipolar Disorder (1973-1997) | <20 | 0.068 | 0.051 | 1.756 | 0.185 | 1.070 | 0.968 | 1.184 |
|  | 20-24 (ref) | 0.000 | - | - | - | 1.000 | , | - |
|  | 25-29 | -0.013 | 0.032 | 0.167 | 0.683 | 0.987 | 0.927 | 1.051 |
|  | 30-34 | 0.044 | 0.041 | 1.154 | 0.283 | 1.045 | 0.965 | 1.132 |
|  | 35-39 | 0.145 | 0.056 | 6.744 | 0.009 | 1.156 | 1.036 | 1.289 |
|  | 40-44 | 0.287 | 0.100 | 8.258 | 0.004 | 1.333 | 1.096 | 1.621 |
|  | 45+ | 0.790 | 0.359 | 4.828 | 0.028 | 2.203 | 1.089 | 4.457 |


| Suicide Attempt (1973-1997) | <20 | 0.252 | 0.024 | 106.532 | <. 0001 | 1.286 | 1.226 | 1.350 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 20-24 (ref) | 0.000 | - | - | - | 1.000 | - | - |
|  | 25-29 | -0.166 | 0.016 | 104.182 | <. 0001 | 0.847 | 0.820 | 0.874 |
|  | 30-34 | -0.256 | 0.021 | 143.074 | <. 0001 | 0.774 | 0.742 | 0.807 |
|  | 35-39 | -0.266 | 0.030 | 78.947 | <. 0001 | 0.766 | 0.723 | 0.813 |
|  | 40-44 | -0.297 | 0.056 | 27.820 | <. 0001 | 0.743 | 0.666 | 0.830 |
|  | 45+ | -0.620 | 0.291 | 4.547 | 0.033 | 0.538 | 0.304 | 0.951 |
| Substance Use Problem (1973-1997) | <20 | 0.180 | 0.020 | 78.076 | <. 0001 | 1.197 | 1.150 | 1.246 |
|  | 20-24 (ref) | 0.000 |  | - | - | 1.000 | - |  |
|  | 25-29 | -0.148 | 0.013 | 123.408 | <. 0001 | 0.863 | 0.840 | 0.885 |
|  | 30-34 | -0.177 | 0.017 | 103.955 | <. 0001 | 0.838 | 0.810 | 0.867 |
|  | 35-39 | -0.212 | 0.024 | 74.655 | <. 0001 | 0.809 | 0.771 | 0.849 |
|  | 40-44 | -0.175 | 0.045 | 14.831 | 0.000 | 0.839 | 0.768 | 0.918 |
|  | 45+ | -0.384 | 0.225 | 2.908 | 0.088 | 0.681 | 0.438 | 1.059 |
| Academic Achievement |  |  |  |  |  |  |  |  |
| Failing Grades (1973-1992) | <20 | 0.421 | 0.010 | 1755.693 | <. 0001 | 1.524 | 1.494 | 1.554 |
|  | 20-24 (ref) | 0.000 | - | - | - | 1.000 | - | - |
|  | 25-29 | -0.325 | 0.006 | 2696.438 | <. 0001 | 0.722 | 0.714 | 0.731 |
|  | 30-34 | -0.500 | 0.008 | 3593.649 | <. 0001 | 0.607 | 0.597 | 0.617 |
|  | 35-39 | -0.611 | 0.012 | 2663.863 | <. 0001 | 0.543 | 0.530 | 0.556 |
|  | 40-44 | -0.660 | 0.022 | 898.876 | <. 0001 | 0.517 | 0.495 | 0.540 |
|  | 45+ | -0.765 | 0.097 | 62.766 | <. 0001 | 0.466 | 0.385 | 0.562 |
| Education under 10 years (1973-1991) |  |  | 0.010 | 2807.547 | <. 0001 | 1.676 | 1.644 | 1.708 |
|  | 20-24 (ref) | 0.000 | . | . | , | 1.000 | , 6 | , |
|  | 25-29 | -0.201 | 0.005 | 1424.679 | <. 0001 | 0.818 | 0.809 | 0.827 |
|  | 30-34 | -0.331 | 0.007 | 2334.271 | <. 0001 | 0.719 | 0.709 | 0.728 |
|  | 35-39 | -0.436 | 0.010 | 2107.876 | <. 0001 | 0.646 | 0.635 | 0.659 |
|  | 40-44 | -0.504 | 0.018 | 804.402 | <. 0001 | 0.604 | 0.584 | 0.626 |
|  | 45+ | -0.498 | 0.081 | 37.696 | <. 0001 | 0.608 | 0.518 | 0.712 |

